# Meaningful Monte Monents Possible SECOND EDITION 2021



Visiting Nurse provides compassion, comfort and guidance through life's journey. We care for those who go on living as well. Our grief services are available at no charge for any adult who has experienced the loss of a loved one. We proudly serve these Indiana counties:

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HOSPICE HOME HOSPICE CARE PALLIATIVE CARE GRIEF SUPPORT

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# Letter from the CEO



Dear friends,

Each year, Visiting Nurse holds an annual fundraising event called A Toast to Life to raise much-needed support for our services and programs. The funding we raise each year provides financial assistance to our hospice patients and allows us to offer palliative care to our community as well as make grief support available to thousands of men and women each year who are dealing with the death of a loved one.

Due to the ongoing pandemic, we've decided not to hold A Toast to Life as an in-person event and instead have created a video to celebrate the spirit of this event. Our focus in raising funds is to highlight Hospice Home and its milestone of celebrating 20 years serving our community on Homestead Road. Our goal is to raise \$750,000 this year to help with replacing the roof, some windows, flooring and update some spaces such as the nurses' station and quiet room.

While we will miss seeing you in person, you can watch the video at www.vnfw.org/toast to celebrate this year's A Toast to Life. Please know that we are hoping to gather in person once again in 2022 to raise a toast to those we have loved and lost. Thank you for your support of Visiting Nurse. You make it possible for our community to receive compassion, comfort and guidance through life's journey. Thank you.

Serving with you,

Hishe Friedel

Leslie Friedel, CEO



# Become an Ambassador of Compassion

Ambassadors of Compassion are supporters of Visiting Nurse who have decided to support Visiting Nurse every month. Donating a designated amount each month allows γου

to spread your giving throughout the year. Your gifts help Visiting Nurse care for patients, support families and provide grief counseling for adults in our community who have experienced the loss of a loved one.

Choosing this giving option is simple by selecting "giving monthly" here at www.vnfw.org/donate. The monthly giving program automatically transfers your specified donation amount directly from your credit card or debit account to Visiting Nurse on the same day of each month. You have the opportunity to choose how you would like your gift allocated. Thank you for choosing to be a Visiting Nurse Ambassador of Compassion.

# A Sense of Relief



Stanley Winn and his daughter, Melissa Reinking, admire Stanley's great grandson, Everett Stanley.

Stanley Winn was an artistic airman, a "jokester" whose paintings and pinstripes adorned vehicles and signs across the region. When he was diagnosed with cancer in 2014, he put up a valiant battle, even traveling

to the famed Cleveland Clinic for treatment, his daughter Melissa Reinking said.

And though he rallied numerous times, by August of 2017, it was clear that the battle was nearing its end. After three years of chemotherapy and radiation, Stanley entered Hospice Home, walking into the building instead of being wheeled in, remembered Melissa.

"The minute we came here, we felt a sense of relief," Melissa said. "It's the hardest decision you have to make, but there's such a sense of relief, the feeling that we're in the right place with the right people. Hospice Home was absolutely where he should be."

Stanley spent 10 days at Hospice Home getting his pain and other symptoms under control so that he could

spend precious moments with loved ones. Melissa said knowing that her father was being cared for around the clock by hospice caregivers gave the family peace.

"You felt like he was the only one" they were taking care of, she said. "The gardens and the birds gave us another sense of calm and peace."

Family and loved ones joined Melissa and the rest of the Winn family at Hospice Home, giving Stanley their love as he neared the end. Even near the end, Melissa said, Stanley was the "life of the party."

These lasting memories bring a smile despite her sadness at her father's passing.

"I knew in my heart" it was the right decision to bring him to Hospice Home, she said. Her mother, Marilyn, who was married to Stanley for 53 years, has continued to be supported by Visiting Nurse's bereavement team at the Peggy F. Murphy Community Grief Center.



After Stanley passed, Melissa was helping her mom clear out some belongings when they found a ring that had turned completely black. Her mom suggested tossing it, but something compelled Melissa to clean it. It was her father's Air Force signet ring. Melissa treasures this memento of her father's service.



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# Why I give: Swzon Motz



Learning about our Visiting Nurse organization began over 65 years ago for me. I was a young student at St. Joseph Hospital School of Nursing and I was required to shadow a visiting nurse for a day as part of the Public Health curriculum. The current COVID pandemic constantly reminds me of the care we took that day to spread newspapers on which to place our bags and equipment. As the nurse traveled from home to home, it was important not to be a 'spreader.' Our patients that day included several elderly ones as well as a newborn baby whose mother needed some help with the child's care. I was so impressed by the works of mercy this nurse was doing every day on behalf of the community – visiting the sick, caring for the needy, consoling and supporting! Those memories make it easy for me to support Visiting Nurse today by contributing money and by giving time to serve on the Visiting Nurse Foundation Board. Supporting Visiting Nurse makes our community a better place for all of us.

# Volunteer stories Pebbie Ko



"I started volunteering at Visiting Nurse because it represented compassion and love for those who were at the end of their life journey. I experienced my own grief and uncertainty of life about 10 years ago, when someone came to my aid. She was there for me as I faced my mother's

death as well as my own health issues. She seemed to know just what to say and how to help me through the most difficult times in my life. I cherished our relationship, and our phone calls were my lifeline. I was amazed how she faced her own serious illness in such a peaceful and calm way. After my friend passed away, I wanted to help people, but where?

About this time, I had started taking art class. I realize that when I'm doing art, I can forget everything, and peace comes over me. Can I use this to help someone? Visiting Nurse held a special place in my heart, because this friend, who was dear to me, was a nurse there. Her name was Ruth Ann Swint. So I contacted the director of volunteer services and the journey began.

In the beginning, when I asked the patients if they would like to paint, most of them said they were not good at art. So I decided to make a sample of a simple painting that anyone can do and let them choose. One was a heart and the other a dove. I made a cutout of this shape and all they had to do was paint around it or over it. And when the cutout was removed, there was a perfect shape of a heart or a dove. Many chose the heart design and signed their name. And if they were too weak, I signed for them. Some wrote a message inside the heart and another put all the names of people that were important in her life, including their dogs. Some family members would paint for the patient if they were unable. A young wife wrote, "You and me forever" inside her heart. A mother of a young man wrote "spread your wings" inside her white dove.

"There are many more patients who I had the opportunity to visit, hear their stories, hold their hands and pray with them when appropriate. As they expressed their gratitude in the midst of their sorrow, my heart was full, knowing that I was able to bring some comfort and compassion at this time in their life."

# Inaugural winners of Betsy Waterfield Chapman Employee Education Fund announced

Visiting Nurse is proud to announced that Amy Hernandez, RN, and Lynn Herman, LPN, are the inaugural recipients of tuition assistance through the Betsy Waterfield Chapman Employee Education Fund at Visiting Nurse. Hernandez plans to complete her master's degree in Nursing from Western Governors University, while Herman will complete his associate's degree in Nursing from Ivy Tech.

The Betsy Waterfield Chapman Employee Education Fund was established in 2021 to assist Visiting Nurse employees further their education to better their career. In turn, Visiting Nurse benefits from employee retention and higher morale, and our patients and families benefit from an increased quality of care. The fund provides forgivable, up-front higher education tuition assistance to Visiting Nurse employees. The fund was created through the generous donations from Howard Chapman in honor of his late wife, Betsy Waterfield Chapman, and The James Foundation and other individual donors.

"I think Visiting Nurse is a terrific organization," said Chapman. "My wife Betsy benefited greatly from it. I've been a patron of the grief center myself, so I really support this organization and I think having these students continuing their education is so important and I'm happy to support it."

The concept of creating an Education Fund began with the members of Visiting Nurse's Foundation Board of Directors, said Visiting Nurse CEO Leslie Friedel.

"The dream was to create an educational fund to recognize the dedication of Visiting Nurse employees,"

"The dream was to create an educational fund to recognize the dedication of Visiting Nurse employees," Friedel said. "We are thrilled at the interest Visiting Nurse employees have shown in seeking out this educational opportunity. We are so very thankful to Howard Chapman, the James Foundation and to individuals who have provided donations to make this dream a reality!"

L-R: Amy Hernandez, RN, Howard Chapman, Leslie Friedel, Visiting Nurse CEO, Lynn Herman, LPN receive their awards at the Peggy F. Murphy Community Grief Center, a service of Visiting Nurse.



# Paula Luttrell RN, BSN Clinical Team Leader QUESTIONS



- How did γou come to work with Visiting Nurse?
   I was hired in 2008 when Visiting Nurse had an office in Marion. This office was closed in 2009.
   I became an emploγee of Family LifeCare at that time.
- Why did you choose to come back?
  Family LifeCare merged with Visiting Nurse in early 2020. I did not have any problem with "coming back" to Visiting Nurse after all those years due to the reputation of Visiting Nurse.
- What appeals to you about hospice and palliative care?

I have a deep love for this area of nursing. I enjoy being able to walk with patients and families through this time of life. I like being able to empower caregivers to care for their loved ones and help them to understand end-of-life issues. Both of my parents were on hospice so I also have firsthand experience as a family member. I absolutely love talking with others about hospice and palliative care, especially ones who are on the fence.

What is a typical day like?
Touching base with my nurses through the day, making visits, overseeing the Marion area and maintaining community relationships.

- What's your favorite thing to do on a rainγ daγ? I enjoγ getting lost in a good book. I also like a good movie.
- What is something unique about γou?
  I am a big coffee drinker. Strong, dark and black.
  When I travel, I have to plan ahead so I know where and how I will get mγ coffee. I will be in Yellowstone for a couple of daγs in September and am already thinking ahead.
- As a child, what did you want to be when you grew up?

In kindergarten, I actually drew a picture of me as a nurse. I do not ever remember changing my mind.

What is one positive thing that you have taken away from the pandemic?

I have a new appreciation for life and how it can change so quickly.

- What is your secret ingredient?
  I have been told through the years that I am patient and calm.
- Where is your favorite vacation spot?
  Our family has vacationed a lot in the Smoky
  Mountains. The views are amazing! We are staying
  on the ocean in June so my favorite spot
  may change.



We are so thankful for all of you who have donated so far in celebrating Hospice Home's 20th anniversary. Since 2001, we have cared for over 10,000 patients, ranging in age from 5 months to 103 years old. In addition to those patients, we also supported their families and friends. The result is that thousands of individuals have benefited from the one-of-a-kind experience of Hospice Home.

Hospice Home is a 14-bed hospice inpatient facility that has a much different feel from a hospital or any other healthcare setting. It has family gathering areas, set up much like a living room in someone's home, a kitchen, sunroom, chapel-like reflection room and family conference areas as well. The care provided in Hospice Home is specialized and cares for our community's most vulnerable and fragile, regardless of their ability to pay for services. Annually, \$250,000 or more in hospice care is provided for patients who may be uninsured, underinsured or have extraordinary needs that can only be met by the team at Visiting Nurse's Hospice Home.

In 20 years, a facility like Hospice Home experiences wear and tear. We are taking the opportunity to celebrate the anniversary of this community gem being established on Homestead Road in Fort Wayne, and raising funding to renovate and restore the building so we can continue for the next 20 years and beyond. Some of the items that need to be updated include windows, roof and flooring. We also hope to renovate the nurses' station to make layout of the space more efficient and welcoming to family members. In addition, we plan to refresh patient rooms with new paint and replace the furniture that family members use when they visit their loved ones. In total, we are seeking to raise \$750,000. Consider joining us now by making a donation with the enclosed envelope and returning it to the Visiting Nurse Foundation or visiting us at www.vnfw.org/20th.

The following businesses have committed their support to renovate Hospice Home through our recent A Toast to Life virtual event.

We hope γou'll join these wonderful supporters.





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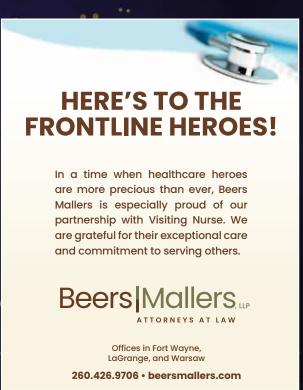
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# Partners in Care























# The Peggy F. Murphy Community Grief Center For those who go on living

A service of Visiting Nurse

#### **Recent Loss Support Group**

For those who have lost a loved one within 2 years

## 2nd & 4th Tuesdaγ of each month 5:30-7 p.m.

Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne, IN 46814

#### Women's Afternoon Support Group After the death of a spouse or significant other

2nd & 4th Wednesday of each month

2-3:30 p.m.

Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne IN 46814

#### Women's Evening Support Group

After the death of a spouse or significant other

# 3rd Monday of each month 6-7:30 p.m.

Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne IN 46814

#### The Men's Group

After the death of a spouse or significant other

### 1st & 3rd Tuesday of each month 5:30-7 p.m.

Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne, IN 46814

#### **Auburn Grief Support Group**

For any loss due to death

# 2nd & 4th Tuesdaγ of each month 6-7:30 p.m.

First Christian Church 910 N. Indiana Ave., Auburn, IN 46706

# Ongoing Grief Support Groups

Awareness that grief may affect every aspect of our life is the beginning of our healing process. These programs, focusing on grief and loss, are designed to provide any adult who has suffered the death of a loved one an opportunity to explore, learn and feel supported in a safe environment. These community programs are available at no charge and hospice involvement is not required.

#### **Anticipatory Grief Support Group**

For those in anticipation of a death

# 2nd Monday of each month 5:30-7 p.m.

Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne, IN 46814 Please call 260-435-3261 to register in advance.

#### **Pet Loss Support Group**

For those who are grieving the loss of a pet

# 3rd Wednesday of each month 6-7 p.m.

Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne, IN 46814 Please call 260-435-3261 to register in advance.

#### **Finding Hope**

For those who have lost a loved one to suicide

#### Beginning June 28

# 4th Monday of each month 6:30-8 p.m.

Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne, IN 46814

#### **Compassionate Friends**

For grieving parents, grandparents & siblings

#### 1st Tuesday of each month 7 p.m.

First Presbyterian Church 300 W. Wayne St., Fort Wayne, IN 46802

## and the following Thursdaγ of each month 7 n m

Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne, IN 46814

#### **Dupont Grief Support Group**

For any loss due to death

# 1st & 3rd Tuesday of each month 5:30-7 p.m.

2514 Dupont Circle Drive East, 2nd Floor, RC Classroom #1 (follow the signs) Fort Wayne, IN 46825 COVID screening and masks are required. Please call 260-435-3261 to register in advance.

#### We the Living

After the suicide of a loved one

# 2nd Wednesdaγ of each month 7-8:30 p.m.

Peggy F. Murphy Community Grief Center 5920 Homestead Road, Fort Wayne, IN 46814

If you live in Adams, Blackford, Grant, Jay, Huntington, Wabash or Wells counties, you might be interested in the support group that we provide listed below:

#### Companions of Hope - Marion

For any loss due to death

# 1st Monday of each month 6-7:30 p.m.

Visiting Nurse/Family LifeCare facility 705 S. Baldwin Ave., Marion, IN 46953

For information on any of these programs or individual grief support please call (260) 435-3261 or visit our website: www.vnfw.org.





Did You Know

Did you know that Visiting Nurse is a 501c3 qualified to accept gifts from Donor Advised Funds? Call Monica Chamberlain at 260-432-3222 for more information.

Visiting Nurse provides compassion, comfort and guidance through life's journey, regardless of race, age, creed, sexual orientation, disability or nationality. We care for those who go on living as well. Our grief services are available at no charge for any adult who has experienced the loss of a loved one.

We proudly serve these Indiana counties: Adams, Allen, Blackford, DeKalb, Grant, Huntington, Jay, Noble, Wabash, Wells and Whitley.

Translation services available. To make a difference in the lives of Visiting Nurse patients and families, consider making a gift to the Visiting Nurse Foundation. Please visit www.vnfw.orq/donate or call (260) 435-3222.

Please let us know if γou would like to be removed from our mailing list. Call 260-435-3222 or 800-288-4111

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HOSPICE HOME HOSPICE CARE PALLIATIVE CARE GRIEF SUPPORT

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#### **Berne**

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#### **Marion**

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