

You Make Meaningful Moments *Possible*



WINTER 2020

A Wonderful Life

Get to know: *Dave Hoover*

Why we give

Palliative Care Clinic
to open at Dupont Hospital



Visiting Nurse

Visiting Nurse provides compassionate care to alleviate suffering and ensure quality of life for those affected by serious illness. We care for those who go on living as well. Our grief services are available at no charge for any adult who has experienced the loss of a loved one. We proudly serve these Indiana counties: Adams, Allen, Blackford, DeKalb, Grant, Huntington, Jay, Noble, Wabash, Wells and Whitley.

HOSPICE HOME HOSPICE CARE PALLIATIVE CARE GRIEF SUPPORT

www.VNFW.org

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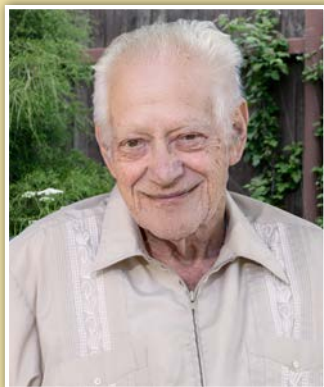
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A Wonderful Life



Roger Herman's life has had many twists and turns. The 85-year-old veteran was born in New York City and even though he hasn't lived in the Big Apple since 1970, he retains his "New Yawk" accent. An Army medic during the Korean War, Herman turned to engineering when he left the service. He and his late wife, Patricia, had four kids: Steve, Peter, Susan and Julie. Today, Herman's journey has led him to a white house near the University of Saint Francis. He's able to

live at home despite advanced kidney disease, thanks to the supportive care he receives from Visiting Nurse.

"Hospice is clearly blessed," Herman said. His nurse case manager has been "flat-out honest and open," with Herman.

"I ask questions and she tells me like it is," he added. "You've got a good team working there."

That team includes the Rev. Bob Eickmann, who provides spiritual counseling. Herman was born Jewish but converted to Lutheranism as an adult. He said he was a "broken" man and had a conversation with God, in which he turned his problems over to the higher power.

"When I did that, this great peace came over me," he said. "I'm no longer worried. I'm not religious but I have a lot of faith."

Spiritual counseling is one of the many facets of hospice care that's supported by people just like you. Your donations to Visiting Nurse allow us to provide non-denominational spiritual care, counseling with social workers, grief counseling with bereavement specialists and music therapy to express complex emotions through music. All of these patient services are provided thanks to people like you who donate to the Visiting Nurse Foundation.

Herman also benefits from the gift of time hospice has given him.

"In this last phase of life, I've been given the gift of time to pause and reflect," he said.

"I've had a wonderful life."



Letter from the CEO



Dear friends –

As I reflect back on 2019, I am amazed at the many good and exciting changes Visiting Nurse has experienced, thanks to the dedication of our generous supporters. It was definitely a year of growth for the agency,

as we embarked on a partnership with Family LifeCare, a non-profit hospice agency based in Berne, Indiana. We anticipate the collaboration to be completed by March 1, when Family LifeCare will come under the Visiting Nurse umbrella. This joining of agencies will add three more counties to Visiting Nurse's geographic range in Indiana: Blackford, Grant and Jay counties, including the cities of Marion, Portland and Hartford City. We have found that we share the same values and mission focus as Family LifeCare, and we anticipate a smooth transition for both agencies.

We are thrilled to be able to partner with Dupont Hospital to offer outpatient palliative care services on the northside of Fort Wayne. Palliative care allows for patients and families to feel supported as they face serious illnesses and make decisions on their next steps in care. The goal is to improve quality of life for patients and families. Patients can still be undergoing curative treatment while receiving support through the Visiting Nurse's Palliative Care Clinic at Dupont Hospital.

We have seen growth in all our service lines, including grief support, home health and hospice and palliative care. This has only been possible because of the generous support of people like you. Thank you for supporting Visiting Nurse as we embark on 132 years caring for the residents of Northeast Indiana.

Serving with you,

A handwritten signature in black ink that reads "Leslie Friedel".

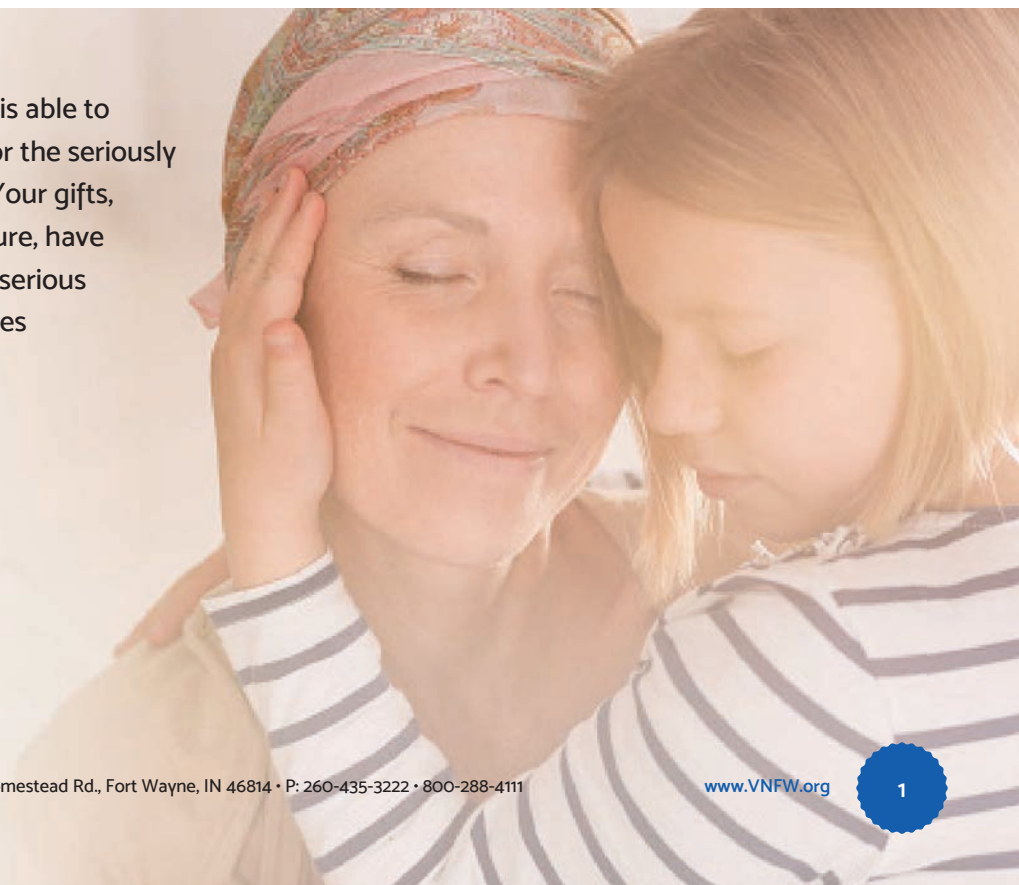
Leslie Friedel, CEO

Because of people like you, Visiting Nurse is able to continue our 132-year tradition of caring for the seriously ill of northeast Indiana and their families. Your gifts, whether they be your time, talent or treasure, have helped us care for people facing the most serious challenges in their lives. Your support makes meaningful moments possible.

Thank you



visiting nurse





10

QUESTIONS

GET TO KNOW

Dave Hoover RN



1 **How long have you been with Visiting Nurse and what have some of your jobs been here?**

On October 30th, it was 19 years at Visiting Nurse. I started out as a nurse case manager at Hospice Home and worked there for more than 16 years, then transferred to Quality Improvement.

2 **How did you get into nursing?**

I wanted to move to Fort Wayne and I applied at a local nursing home as an orderly/nursing assistant. The Director called me the next day for an interview and I started work the job one week later. After a few weeks of working and enjoying taking care of the residents, I realized nursing is something I wanted to do as a career.

3 **What do you like about your current position?**

Autonomy and keeping up with reports and project deadlines.

4 **If you could have a super-power, what would it be and why?**

Shape Shifter - It just would be really, really fun !!

5 **What's something people would be surprised to know about you?**

Nothing in my life would surprise anyone.

6 **What do you do for fun?**

Working out in my yard. Taking care of my peacocks and aquariums.

7 **If you could have lunch with anyone, living or dead, who would you choose and why?**

Myself at age 18, to hear my views and what I had viewed as important at that age. Maybe slap the young me up the side of the head. I'd also want to have lunch with myself prior to death. I would like to hear what I feel is really important in life at that age compared to now, and how I feel about the dying process. Maybe get slapped up the side of the head by the old me for what I view now as important.

8 **Why did you choose to come to Visiting Nurse?**

I was a homecare case manager for 7 years for a home care company that provided hospice-like services. Since it was home care, most insurance companies did not approve social work visits, and we did not have a chaplain. I had several patients who were dying, and I was the only one available to provide emotional support to the patients/families. I found this area of nursing very rewarding and I jumped on the opportunity when a position opened up at Hospice Home.

9 **What have your patients taught you?**

I learned by listening as they talk about their life and how they are dealing with dying. Through this I realized that every patient has something to give, whether it be knowledge or just a smile. Even the most difficult patients have taught me to be patient and understanding as they try desperately to hold onto their independence.

10 **What have been the biggest changes you've seen at Visiting Nurse since you started working here?**

The growth of Visiting Nurse and the increased number of services being offered to patients and families.

Palliative Care Clinic to Open at Dupont Hospital

On February 17, Visiting Nurse will open a Palliative Care Clinic at Dupont Hospital. The clinic, staffed by physicians and nurse practitioners, will be located at 2514 E. Dupont Road, Suite 120, on the Dupont Hospital campus.

Palliative medicine is a patient- and family-centered type of care, provided by physicians and nurse practitioners, for those facing serious and chronic illnesses. Palliative medicine addresses physical, emotional and social needs to help patient autonomy, access to information and choice of treatment. Palliative medicine also focuses on providing relief from the symptoms and stresses of a serious illness. The goal is to improve quality of life for patients and families. Patients can still be undergoing curative treatment while receiving support through the Palliative Care Clinic.

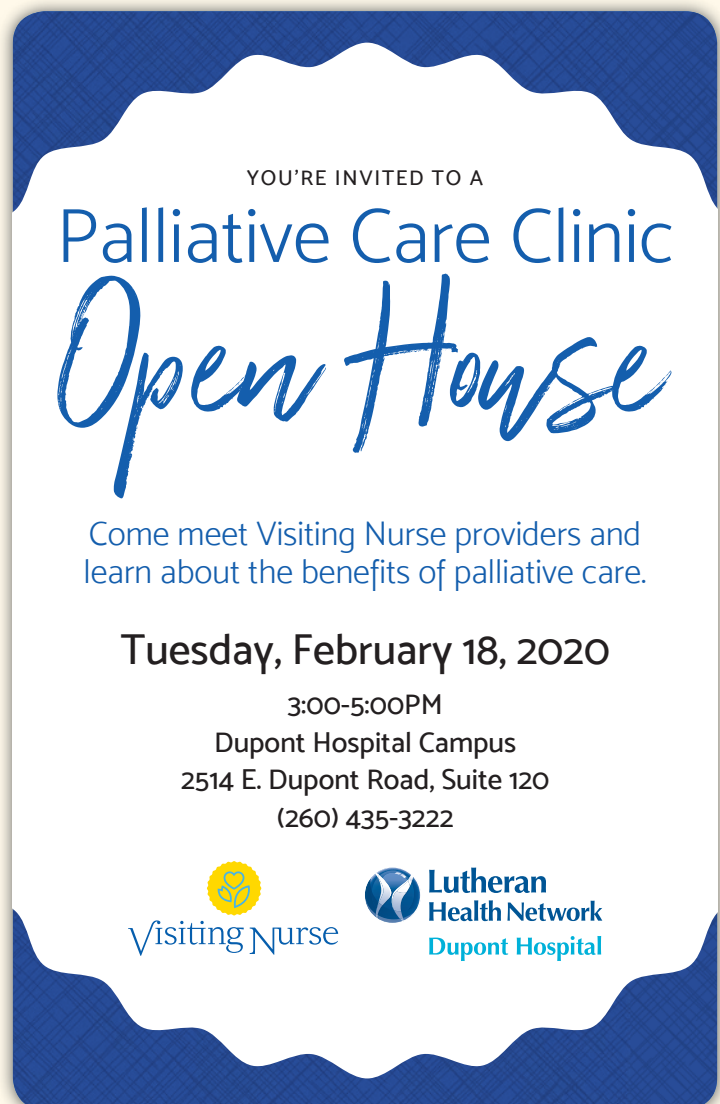
The Palliative Care Clinic team helps patients manage symptoms including pain, neuropathy, anxiety, nausea, shortness of breath, weakness, fatigue and others. Also included in the Palliative Care program are goals-of-care conversations and advance care planning discussions, both of which are helpful for patients and families.

“Visiting Nurse is excited to provide Palliative Care to patients and families in need. This new location will be beneficial for patients who live throughout the northeast Indiana region and need this specialized level of care,” said Visiting Nurse CEO Leslie Friedel. Common diagnoses that qualify for Visiting Nurse’s Palliative Care Clinic include cancer, congestive heart failure, cirrhosis, COPD, renal disease, dementia, HIV/AIDS, pulmonary fibrosis, stroke and degenerative nervous system diseases such as Parkinson’s disease or amyotrophic lateral sclerosis (ALS).

Dupont Hospital CEO Lorenzo Suter said “Of the any initiatives that Dupont Hospital has launched since my arrival in 2017, I am so very pleased to have the Palliative Care team at Visiting Nurse join our campus. The Visiting Nurse team has a compassionate

approach to helping patients and families who are facing challenging circumstances and situations. Palliative Care access is needed in Northeast Indiana and I am thankful for Visiting Nurse’s commitment to providing such a valuable service.”

Appointments can be scheduled Monday through Friday and referrals can be made by calling (260) 435-3222.





YOU'RE INVITED TO A

Palliative Care Clinic *Open House*

Come meet Visiting Nurse providers and learn about the benefits of palliative care.

Tuesday, February 18, 2020

3:00-5:00PM
Dupont Hospital Campus
2514 E. Dupont Road, Suite 120
(260) 435-3222

 Visiting Nurse  Lutheran Health Network
Dupont Hospital





Employee Impact Fund

Visiting Nurse

In 2020 Visiting Nurse is launching the Employee Impact Fund. This new program will assist our employees in furthering their degrees, earning additional credentials and gaining knowledge to better serve our patients and families.

You can help by contacting Monica Chamberlain,
Director of Development, at (260) 435-3236.

Why we give:

George Lay

George Lay organized an August bike ride with his friends to support the mission of Visiting Nurse after having a family member receive hospice care. "We were just blown away" by the care and support his family received, he said, and plans to make this an annual event with proceeds going to support Visiting Nurse.



2020 Events

AT VISITING NURSE

MARCH

Healing Through Music
Thursdays, March 5-26
With Visiting Nurse Music
Therapist Emily Paar

APRIL

Spring Memorial Service
Thursday, April 23
Peggy F. Murphy
Community Grief Center

MAY

Memories of Mom retreat
Saturday, May 2
Day-long grief support retreat
designed for daughters who
have lost their moms

Understanding
the Grieving Man

Thursday, May 21
Led by Bereavement
Coordinator and Grief
Counselor David Wust

JUNE

Rise to Remember
Saturday, June 20
Walk and butterfly release
fundraiser for the
Peggy F. Murphy
Community Grief Center

SEPTEMBER

A Toast to Life
Wednesday, September 23
Parkview Mirro Center

OCTOBER

Fall Memorial Service
Thursday, October 15
Peggy F. Murphy
Community Grief Center

NOVEMBER

Surviving the Holidays
Tuesday, November 17
(evening session)

Surviving the Holidays
Thursday, November 19
(lunch and learn)

35th Annual
Holiday Memorial Service
and Tree Lighting
Sunday, November 22
USF Robert Goldstine Center

For information on
these events, please
call Visiting Nurse at
(260) 435-3222 or visit us
online at www.vnfw.org.



ONGOING GRIEF SUPPORT GROUPS

Awareness that grief may affect every aspect of our life is the beginning of our healing process. These programs, focusing on grief and loss, are designed to provide any adult who has suffered the death of a loved one an opportunity to explore, learn and feel supported in a safe environment.

These community programs are available at no charge and hospice involvement is not required. For information on any of these programs or individual grief support please call (260) 435-3261 or visit our website: www.vnfw.org.

Northwest Grief Support Group

For any loss due to death

1st and 3rd Mondays of each month
7-8:30 p.m.

Ivy Tech's Aviation Center at Smith Field
405 West Cook Road, Fort Wayne, IN 46825

Recent Loss Grief Support

For those who have lost a loved one within 2 years

2nd & 4th Tuesday of each month
5:30-7 p.m.

Peggy F. Murphy Community Grief Center
5920 Homestead Road, Fort Wayne IN 46814

Women's Afternoon Grief Support Group

After the death of a spouse or significant other

2nd & 4th Wednesday of each month
2-3:30 p.m.

Peggy F. Murphy Community Grief Center
5920 Homestead Road, Fort Wayne IN 46814

Women's Evening Grief Support Group

After the death of a spouse or significant other

3rd Monday of each month
6-7:30 p.m.

Peggy F. Murphy Community Grief Center
5920 Homestead Road, Fort Wayne IN 46814
First meeting: Feb. 17, 2020 6-7:30 p.m.

Men's Group Grief Support

After the death of a spouse or significant other

1st & 3rd Tuesday of each month
5:30-7 p.m.

Peggy F. Murphy Community Grief Center
5920 Homestead Road, Fort Wayne, IN 46814

Anticipatory Grief Support Group

Support for those in anticipation of a death

2nd Monday of each month
5:30-7 p.m.

Peggy F. Murphy Community Grief Center
5920 Homestead Road, Fort Wayne, IN 46814

We the Living

Support for those who have lost a loved one to suicide completion

2nd Wednesday of each month
7-9 p.m.

Peggy F. Murphy Community Grief Center
5920 Homestead Road, Fort Wayne, IN 46814

Finding Hope Grief Support Group

Support for those who have lost a loved one to suicide completion

4th Monday of each month
6-7:30 p.m.

Peggy F. Murphy Community Grief Center
5920 Homestead Road, Fort Wayne, IN 46814
First meeting: Feb. 17, 2020 6-7:30 p.m.

Pet Loss Support Group

For those who are grieving the loss of a pet

3rd Wednesday of each month
6-7 p.m.

Peggy F. Murphy Community Grief Center
5920 Homestead Road, Fort Wayne, IN 46814

Auburn Grief Support Group

For any loss due to death

2nd & 4th Tuesday of each month
6-7:30 p.m.

First Christian Church
910 N. Indiana Ave., Auburn, IN 46706

Compassionate Friends

For grieving parents, grandparents & siblings

1st Tuesday of each month
7 p.m.

First Presbyterian Church, 300 W. Wayne St.,
Fort Wayne, IN 46802

**and the following Thursday of each month
7 p.m.**

Peggy F. Murphy Community Grief Center, 5920
Homestead Road, Fort Wayne, IN 46814



visitingNurse



Visiting Nurse's

Rise to Remember

Peggy F. Murphy Community Grief Center | Support Walk

Save the Date!

Saturday, June 20, 2020
9:30 a.m.-noon

Since 2015, the Peggy F. Murphy Community Grief Center has provided a safe haven for those grieving the loss of a loved one. All services are provided at no charge, and hospice involvement is not required. On June 20, 2020, Visiting Nurse will celebrate the grief center with its first-ever fundraiser, Rise to Remember. Featuring a butterfly release and a walk through the Visiting Nurse campus, this joyful celebration will support the much-needed work of the grief center.

For more information call 260-435-3261.

We provide compassionate care to all persons, regardless of race, age, creed, sexual orientation, disability or nationality. Translation services available. To make a difference in the lives of Visiting Nurse patients and families, consider making a gift to the Visiting Nurse Foundation. Please visit www.vnfw.org/donate-now or call (260) 435-3222.



Visiting Nurse

HOSPICE HOME HOSPICE CARE PALLIATIVE CARE GRIEF SUPPORT

5910 Homestead Road, Fort Wayne, IN 46814

Phone: 260-435-3222 • Toll-Free: 800-288-4111

Nursing and Patient Referral Line: 24 hours a day, 7 days a week

Administrative Office Hours: 8 a.m.-5 p.m. Monday-Friday

WINTER 2020

Please let us know if you would like to be removed from our mailing list. Call 260-435-3222 or 800-288-4111

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www.VNFW.org

CHAP Community Hospice Alliance of Porter

United Way United Way of Allen County

WE HONOR VETERANS

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