

You Make
Meaningful
Moments *Possible*



FIRST EDITION 2022

1888-Today

Leading with Love

Introducing...

Dreaming and Drawing

Volunteer Spotlight: Terrie Trout

Grief support schedule

Stillwater Hospice provides compassionate care to alleviate suffering and ensure quality of life for those affected by serious illness. We care for those who go on living as well. Our grief services are available at no charge for any adult who has experienced the loss of a loved one. We proudly serve these Indiana counties: Adams, Allen, Blackford, DeKalb, Grant, Huntington, Jay, Noble, Wabash, Wells and Whitley.



Stillwater
HOSPICE



Stillwater

HOSPICE



Stillwater
HOSPICE
HOSPICE HOME



Stillwater
HOSPICE
CHRONIC DISEASE
MANAGEMENT



Stillwater
HOSPICE
PALLIATIVE CARE



THE PEGGY F. MURPHY
**Community
Grief Center**
A service of Stillwater Hospice



Stillwater
FOUNDATION



Always leading with love



One of the biggest changes in Visiting Nurse history took place on March 1st, when our name changed to Stillwater Hospice. We do not take this change lightly: since 1900, our name has changed numerous times but “Visiting Nurse”

was always a part of our identity. We have chosen Stillwater Hospice as our identity moving forward to better reflect what the agency we know and love has developed into.

We chose “Stillwater” because our families often describe a sense of peace and calm once our services are in place. We chose “Hospice” to better reflect our core service line which is hospice service at home and hospice service that takes place at Hospice Home.

Over time, our services have evolved, as have the communities we serve. Recognizing the range of services we provide and the diversity of patients, families and partners we serve—we believe our new name will help us be even more successful as we deliver compassion, guidance and care for those facing life-limiting illnesses and their families.

What is changing?

Our name, logo and marketing materials will change, along with items where those elements are present—including apparel, signage, office materials, and so on. The new logo reflects a water lily floating on the three rivers of northeast Indiana. Water lilies can only bloom in still water, which is what we strive to provide our families – a calmness and peace during a difficult time of life so that meaningful moments can be shared with loved ones.

What is not changing?

We will always lead with love—the compassion, comfort and guidance we provide through life's journey is our enduring mission. Our personal and team commitment to delivering these services with passion, empathy and dedication is resolute and unwavering.

This work was guided by a local brand consulting firm and led by our board of directors with the guidance of a special “Brand Champions” committee that was made up of individuals from across Visiting Nurse. We believe the new name will help us achieve the goals outlined in our strategic plan, adopted by our board of directors in 2020.

As always, I welcome your feedback. Please contact me or Chief Development Officer Mary Shankster if you have further questions. Thank you for your continued support of our agency!

Serving with you,

A handwritten signature in black ink that reads "Leslie Friedel". The signature is fluid and cursive.

Leslie Friedel, CEO



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Dreaming and Drawing



There is an instantly familiar statue in Headwaters Park that depicts Chief Little Turtle, standing at the banks of the St. Marys River. His gaze over the park is strong and steady, not unlike that of his creator, famed sculptor Hector Garcia. Hector's work in bronze can be seen all around

Fort Wayne, from the intricate history of Fort Wayne depicted at Citizens Square, to the series of busts of famed citizens that grace the campus of Purdue Fort Wayne.

Hector's work is widely known, as he has created Fort Wayne's and Indiana's Bicentennial Medals, as well as creating 22 busts of famous area leaders, which are now housed at Purdue University Fort Wayne. His Freedom Flame medallion is part of the Smithsonian permanent collection and was presented to Desmond Tutu in the mid 1980s. Today, he has plans to create a life-size Johnny Appleseed, his final gift to Fort Wayne. Hector and his family are receiving supportive services from Stillwater Hospice (formerly Visiting Nurse) to help Hector get stronger. This specialized care comes thanks to donors like you!

An associate professor emeritus of fine arts, Hector taught sculpture and figure drawing



Born in Puerto Rico, Hector began sculpting after his grandmother would give him melted candle wax that he shaped and molded. He grew up in the Bronx and graduated from the Herron Art School in Indianapolis in 1966. "I came because the art school (Fort Wayne Art Institute) needed a sculptor".

from 1976 to 1997. He first taught with the Fort Wayne Art Institute, followed by IPFW after the merger with Indiana University. A nationally and internationally recognized sculptor, Hector received a B.F.A. in sculpture from The John Herron Institute in Indianapolis and an M.F.A. from Indiana University. He also completed special scholarship work at the Instituto Allende in Mexico.

Hector began sculpting after his grandmother would give him melted candle wax that he shaped and molded. He grew up in the Bronx and graduated from the Herron Art School in Indianapolis in 1966. "I came because the art school (Fort Wayne Art Institute) needed a sculptor," he said.

Hector has completed hundreds of sculptures and commissioned works during his prolific career. He has produced medals and medallions for award ceremonies in Helsinki, Finland; Takaoka, Japan; Gera, Germany; Plosk, Poland; and London, England.

Collections of his work are owned by notable individuals throughout the country including Ted Turner, Ray Bradbury, Herbie Hancock, Chris Schenkel, Bob Knight, Gene Keady, Richard Lugar, and Lance Armstrong, according to news reports.



Piero Garcia, one of Hector and his wife Carol's two surviving children (the family also includes daughter Avila and the late son Carlo, who passed away a year ago, plus five grandchildren), says his dad has always been driven to create beautiful and meaningful works of art. Carol, too, is an artist,

and her paintings decorate the couple's Fort Wayne home. The couple has been married for more than 64 years.

Because Hector is receiving supportive services from Stillwater Hospice, his symptoms are managed well, and he's been able to continue to dream and draw. Piero, who lives out of town, feels confident in his dad's care from Stillwater Hospice. He and Avila are able to create lasting memories with their parents because their medical needs are being met by his care team, which include Amanda Hug, RN, aides Yolanda Cuazitl and Tami Towns, along with social worker Paige Jones. The wraparound care provided by this caring team means Hector and his family can enjoy time together, creating lasting memories and beautiful art.



Ongoing Grief Support Groups



THE PEGGY F. MURPHY
**Community
Grief Center**

A service of Stillwater Hospice

Awareness that grief may affect every aspect of our life is the beginning of our healing process. These programs, focusing on grief and loss, are designed to provide any adult who has suffered the death of a loved one an opportunity to explore, learn and feel supported in a safe environment. These community programs are available at no charge and hospice involvement is not required.

▼ **Peggy F. Murphy Community Grief Center**
5920 Homestead Road, Fort Wayne, IN 46814

Recent Loss Support Group

For those who have lost a loved one within 2 years
2nd & 4th Tuesday of each month • 5:30-7 p.m.

Women's Afternoon Grief Support Group

After the death of a spouse or significant other
2nd & 4th Wednesday of each month • 2-3:30 p.m.

Women's Evening Grief Support Group

After the death of a spouse or significant other
3rd Monday of each month • 6-7:30 p.m.

Anticipatory Grief Support Group

For those in anticipation of a death
2nd Monday of each month • 5:30-7 p.m.
Please call (260) 435-3261 to register in advance.

Pet Loss Support Group

For those who are grieving the loss of a pet
3rd Wednesday of each month • 6-7 p.m.

Finding Hope

For those who have lost a loved one to suicide
4th Monday of each month • 6:30-8 p.m.

We the Living

For those who have lost a loved one to suicide
2nd Wednesday of each month • 7-8:30 p.m.

▼ **Messiah Lutheran Church**
7211 Stellhorn Road, Fort Wayne, IN 46815

Stellhorn Grief Support Group

1st & 3rd Monday of each month • 6:30-7:30 p.m.
Call (260) 435-3261 to register.

▼ **First Christian Church**
910 N. Indiana Ave., Auburn, IN 46706

Auburn Grief Support Group

For any loss due to death
2nd & 4th Tuesday of each month • 6-7:30 p.m.

▼ **Meeting Location Varies**

Compassionate Friends

For grieving parents, grandparents & siblings
1st Tuesday and following Thursday
each month • 7 p.m.
Contact Doug & Kay Smith for meeting locations,
(260) 493-7724, leave a message to receive a
return call. No meetings in July or December.

**For information on any of these
programs or individual grief support
please call (260) 435-3261 or visit
our website: stillwater-hospice.org.**



Mask donation helps 90 nonprofits

On a chilly Jan. 27, over 750,000 individually wrapped surgical masks were distributed to nearly 90 nonprofit and healthcare agencies throughout the region thanks to a collaboration between Visiting Nurse (now Stillwater Hospice), Lutheran Life Villages and the Fort Wayne office of the Department of Homeland Security, along with Berne Ready Mix. The masks will be distributed to these agencies' clients and staff.

"Visiting Nurse and Lutheran Life Villages are both nonprofit healthcare organizations and have continued to see the impact of this ongoing pandemic," CEO Leslie Friedel said. "We are very appreciative of this donation and the continued support we receive to help support our patients, residents, families and staff!"



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Stillwater Hospice wants you to Volunteer in our Gardens!

As spring approaches, we find ourselves in need of volunteers to join us in the care and maintenance of our beautiful Homestead Road campus that contains various shrubs, trees, flowers, pathways, landscaped beds, and a native Indiana prairie. The gardens are a welcome respite and place of comfort for our patients, their families, our staff, and our community. No matter what your interests, skills, or schedule, you can help the volunteer

director and the groundskeeper in maintaining the gardens and contribute to their valuable mission. Volunteering in the gardens is a great way to expand your knowledge of plants, give back to your community, meet new people, and share your green thumb and love of gardening with others.

Contact the Volunteer Department at Stillwater Hospice at 260-435-3222 or VolunteerDept@stillwater-hospice.org

Why I Give Grant and Deb Porter



“Since being involved with Family Life Care for many years, and now Stillwater Hospice, we give to support the wonderful services they provide to Ft. Wayne and the surrounding communities. Their compassion and dedication to those in need of hospice services is demonstrated every day. We will continue to support Stillwater Hospice to assure that their programs can continue to impact the lives of so many in a most meaningful way.”



Take your career in a new direction

Stillwater wants YOU to help serve patients!

Stillwater Hospice offers:

- Tuition program
- Career advancement
- Health, Dental, Vision and Life Insurance
- Flexible scheduling
- Positive work-life balance
- Retirement matching
- Team-forward environment

Call us at 260-435-3222 today to learn more about joining our team!



Volunteer Spotlight

Terrie Trout, RN



Practically everyone who has had a loved one cared for at Hospice Home over the years has benefited from the calm wisdom of nurse Terrie Trout, who served at Hospice Home before it even opened on Homestead Road 21 years ago. And though she retired in 2017, she was unable to stay away, and she began volunteering four months later.

As a volunteer, she has greeted visitors at Hospice Home, made admission packets, stuffed envelopes and done some computer work for the admission department and even sat with a patient who was restless.

“I’ve helped in the grief center shredding paper. So even in volunteering there is variety, which I’ve enjoyed,” she said. “I just try to be a help wherever I can. I know firsthand what the staff does, I’ve worked

with them, been in the trenches with them. I know what a difference a volunteer can make. I remember back when a volunteer would say, ‘oh, but I didn’t do that much.’ Yet I know what a difference they made. Everyone is a valuable - and needed- part of the team.”

Now that she’s had four years as a volunteer, Terrie realized volunteering at Visiting Nurse (now Stillwater Hospice) is perfect for this stage of her life.

“As a volunteer I have a very flexible schedule,” she said. “I volunteer for an organization I’m proud of, I still see several of the people I’ve worked with, I help with a nice variety of projects, I can sit with patients, and talk with families. I can work my volunteer hours around friends, family, and especially my four little grandkids! For me, continuing to volunteer with (Stillwater Hospice) is the cherry on top of a sundae!”



- ◀ We are so grateful for UMI restaurant of Fort Wayne, which stepped forward to cater our Hospice Home Holiday Meals after our previous vendor closed just before Thanksgiving. UMI has been such a generous contributor to so many in the community and we truly appreciate their continued support and partnership!



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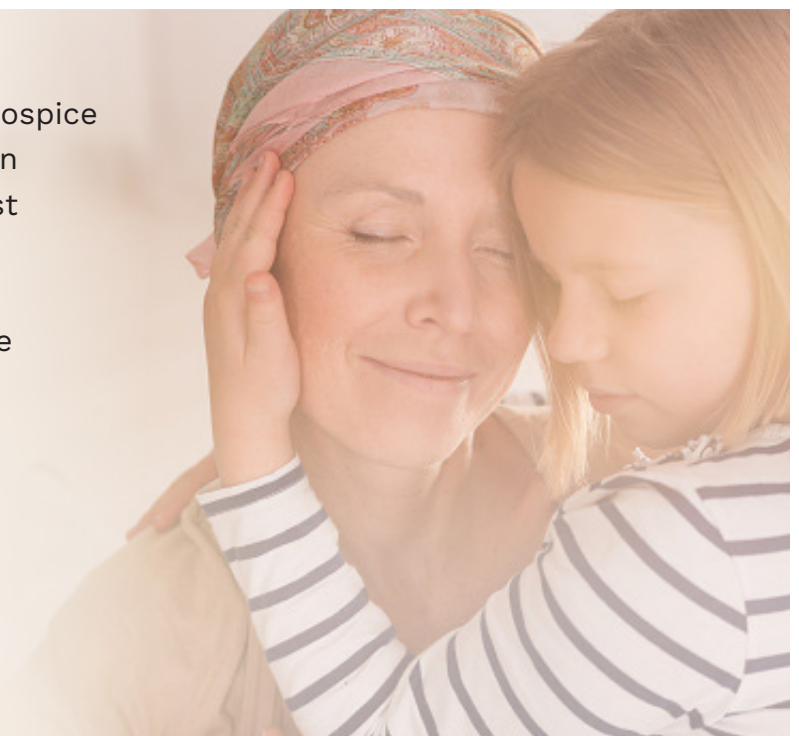


Sewing a quilt of love

◀ You'd imagine a nurse would have some skill with a needle. And you'd be right. But in the hands of Amy Bennigan, RN, and Robin Reiber, RN, needles of a different kind have stitched together a beautiful hand-pieced "Passing Quilt" that will be used at Hospice Home. The two nurses began work on the quilt in the fall of 2021 and sent it to the Red Barn Quiltery, where the backing will be assembled, in February. The quilt will be displayed in Hospice Home, providing a homespun symbol of life and love.

Because of people like you, Stillwater Hospice is able to continue our 134-year tradition of caring for the seriously ill of northeast Indiana and their families. Your gifts, whether they be your time, talent or treasure, have helped us care for people facing the most serious challenges in their lives. Your support makes meaningful moments possible.

Thank you!



Hospice Home 20th Anniversary Campaign Update

Just before the winter hit, we began on the first phase of construction on Hospice Home by replacing the roof thanks to the generous support of people just like you! We are excited to announce that your support helped us exceed our original goal of \$750,000 to meet our immediate capital needs within Hospice Home. We are now hoping to raise some additional support to assist with another phase of a renovation at Hospice Home that will include additional access from the building to our beautiful gardens. You can help make this possible by making a donation at www.vnfw.org/20th or by contacting Mary Shankster at (260) 435-3211.



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Stillwater STORIES

First Edition 2022

Stillwater Hospice provides compassion, comfort and guidance through life's journey, regardless of race, age, creed, sexual orientation, disability or nationality.

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We proudly serve these Indiana counties: Adams, Allen, Blackford, DeKalb, Grant, Huntington, Jay, Noble, Wabash, Wells and Whitley.



Stillwater HOSPICE

Main Office: Fort Wayne

5910 Homestead Road
Fort Wayne, IN 46814

Marion

705 S Baldwin Avenue
Marion, IN 46953

Berne

108 S Jefferson Street
Berne, IN 46711

Phone: 260-435-3222 • Toll-Free: 800-288-4111

Nursing and Patient Referral Line: 24 hours a day, 7 days a week

Translation services available. To make a difference in the lives of Stillwater Hospice patients and families, consider making a gift to the Stillwater Foundation. Please visit www.vnfw.org/donate or call (260) 435-3222.

Please let us know if you would like to be removed from our mailing list. Call 260-435-3222 or 800-288-4111

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CHAP Community Health Accreditation Partner



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